



SHROPSHIRE HEALTH AND WELLBEING BOARD Report

Meeting Date	18.04.24			
Title of report	Children & Young People Mental Health Transformation (BeeU) Update			
This report is for (You will have been advised which applies)	Discussion and agreement of recommendations	x	Approval of recommendations (With discussion by exception)	Information only (No recommendations)
Reporting Officer & email	Vicki Jones (STW ICB): Head of Transformation and commissioning: CYP, LD&A Vicki.jones18@nhs.net Liam Laughton (MPFT): Head of Children, Young People and Family Services liam.laughton@mpft.nhs.uk			
Which Joint Health & Wellbeing Strategy priorities does this report address? Please tick all that apply	Children & Young People	x	Joined up working	x
	Mental Health	x	Improving Population Health	x
	Healthy Weight & Physical Activity		Working with and building strong and vibrant communities	
	Workforce		Reduce inequalities (see below)	x
What inequalities does this report address?	Supports CYP core20plus 5			

1. Executive Summary

To give the board an update on the current BeeU service for CYP in Telford & Wrekin and across the ICB.

2. Recommendations

- Report noted and accepted.
- Continue multi-agency support to develop joint services during 2024/25
- Support the in-year development of the new CAMHS model for 2025 onwards

3. Report

This report gives a high overview of the current Childrens and Adolescences Mental Health Service (CAMHS) locally known as BeeU.

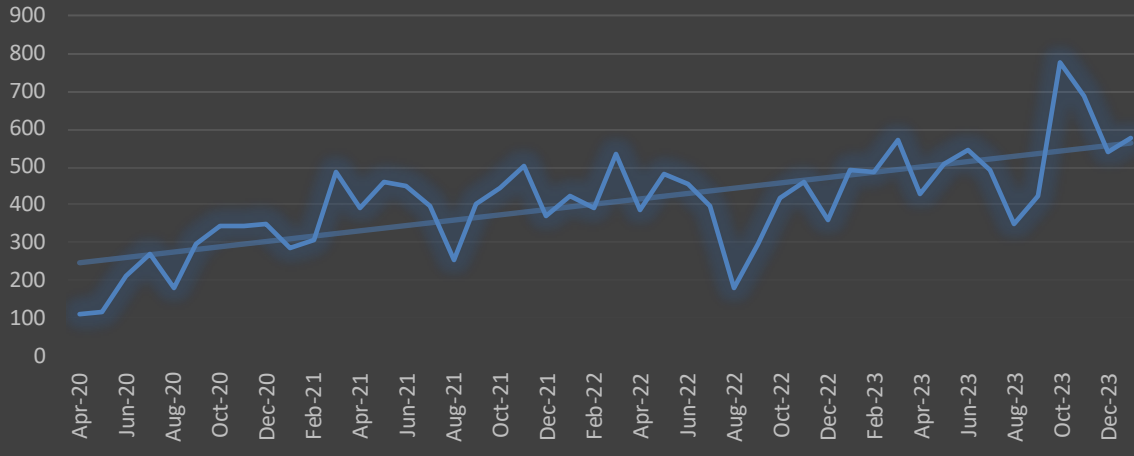
Demand:

Nationally there has been an increase in referral to Mental health service and for CYP to have Neurodiversity assessment ASD and ADHD) and STW are no exception

Referrals to BeeU Mental Health Teams

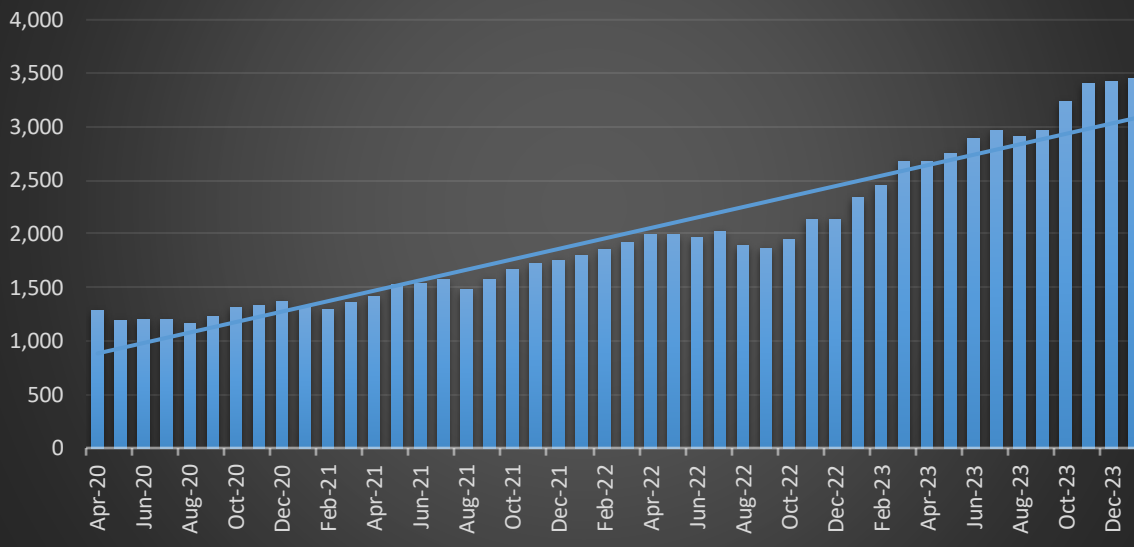
There has been a 262% increase in the numbers of children/young people being referred to Shropshire, Telford and Wrekin's commissioned CYPMH support from 178 (rolling average April-July 2020) to 644 (rolling average September 2023-January 2024)

Count of Children Referred (only MPFT Mental Health Teams)



There has been an increase of 169% in the number of active cases from 1,200 (rolling average April 2020-September 2020) to 3,233 (rolling average August 2023-January 2024).

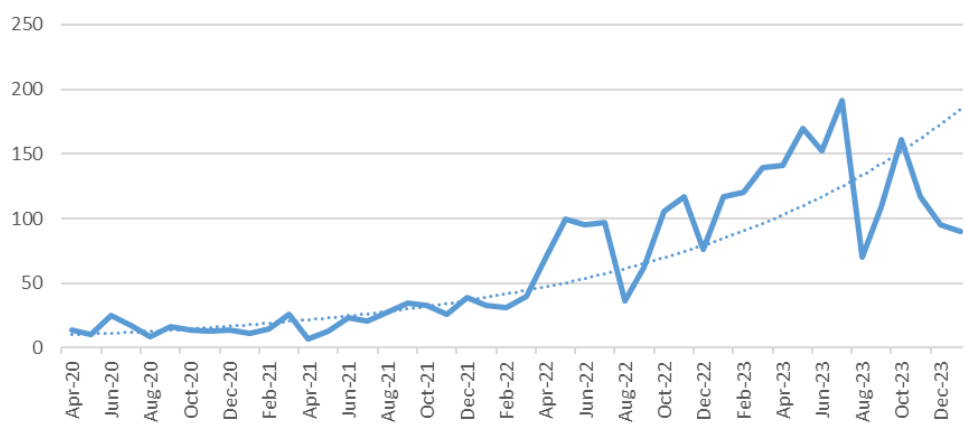
Active Open Referrals to BeeU (only MPFT Mental Health Teams)



Referrals to BeeU Neurodevelopmental Teams

There has been a 767% increase in the numbers of children being referred to Neurodevelopmental Pathways in 2 years. From 15 per month (rolling average 2020-21) to 130 per month (rolling average 2023)

Children Referred in month
(only MPFT ASD & ADHD Teams)



The knock-on effect of increased referrals has meant an increase in waiting time, also reflected across the county. The table below shows the different services within BeeU and their waiting list numbers as per end February 2024, just for Shropshire.

Shropshire LA

Count of ClientID	Grand Total
BeeUADHD	141
BeeUASD Assessment	394
BeeUAssessment	436
BeeUCore Mental Health Team	130
BeeUCrisis and Home Treatment Team	1
BeeULearning Disabilities	6
BeeUMedics	33
BeeUPhysical Health Team	89
BeeUShropshire MHST	58
BeeUSouth Telford MHST	2
BeeUNorth East Shropshire MHST	31
Grand Total	1321

The median waiting times in weeks for each service

	Median Weeks
NHS SHROPSHIRE TELFORD AND WREKIN CCG + Shropshire LA	16
BeeUADHD	16
BeeUASD Assessment	25
BeeUAssessment	18
BeeUCore Mental Health Team	10
BeeUCrisis and Home Treatment Team	0
BeeUEating Disorders	0
BeeULearning Disabilities	11
BeeUMedics	7
BeeUNorth East Shropshire MHST	3
BeeUPhysical Health Team	16
BeeUShropshire MHST	3
BeeUSouth Shropshire MHST	1
BeeUSouth Telford MHST	3

BeeU have also develop a waiting well initiative with specific staff in post directly contacting those waiting longest and reviewing circumstances, presentation, risk – offering signposting, information and advice, and providing indicative waiting times.

Data 2023/24

Please see Appendix A for summary of data which show an increase in referrals over the last year and the number seen. Additionally, there have been significant increases in clinical caseloads, especially for BeeU medics and ADHD.

2024/25

A contract extension has been agreed with MPFT and BeeU for 2024/25. Additional resource from MHIS (Mental Health Investment Standard) has been allocated to the BeeU contract. This increase will fund additional capacity across the BeeU teams and the following Key performance indicators (KPI) have been agreed for Core BeeU service and ND assessments.

Key performance indicators for 2024/25 for Mental health:

- By March 2025 achieve the CYP Access Target for Mental Health in line with MHSDS
- By March 2025 Children and Young People assessed within 6 weeks of referral
- By March 2025 Children and Young People start support within 18 weeks of referral
- From April 2024 Achieve the 95% RTT CYP-ED Target
- From April 2024 Children and Young People in Crisis should receive 'Triage' within 1 hour of initial referral
- From April 2024 Children and Young People in Crisis should receive 'Assessment' within 4 hours of initial referral
- From April 2024 Children and Young People admitted to hospital due to mental health concerns should receive 'Follow-Up' within 3 days of discharge ('3 Day Follow-Up')
- From April 2024 There will be 24/7 mental health crisis provision for children and young people that combines crisis assessment, brief response and intensive home treatment functions:
 - Function 1: 24/7 Helpline, Advice, Triage
 - o Single point of access (including through NHS 111) to crisis support, advice and triage
 - o Must operate 24 hours a day, 7 days a week
 - Function 2: 24/7 Crisis Assessment
 - o Crisis assessment within the emergency department and in community settings
 - o Must be provided in emergency department (acute) and community settings and operate 24 hours a day, 7 days a week in both
 - Function 3: 24/7 Crisis Intervention
 - o Crisis assessment and intervention (brief response) accessed through emergency department and in community settings, with CYP offered brief interventions
 - o Must be provided in emergency department (acute) and community settings and operate 24 hours a day, 7 days a week in both
 - Function 4: Extended Hours Intensive Home Treatment
 - o Intensive Home Treatment service aimed at CYP who might otherwise require inpatient care, or intensive support that exceeds the normal capability of a generic children and young people's mental health community team
 - o Must operate 7 days a week across locally determined extended hours

ND assessment team:

- Between 1st April 2024 and 31st March 2025 assess 800 Children and Young People
- By March 2025 forecasted Waiting Times for Assessment for Children and Young People to be from 26 weeks of referral

Service changes and communications

BeeU have subcontract arrangements with The Children society (BEAM), Kooth and Healios. All these subcontracts were due to finish March 2024. MPFT have extended their contracts with Kooth and Healios for 2024/25. MPFT worked with representatives from ICB, Telford & Wrekin Council, Shropshire council. A full analysis considering the offer including but not limited to:

- the quantity of work, value for money, cost benefit,
- the quality of work, complaints, accessibility, timeliness, integration, continuity of care,

And concluded that resources could be re-purposed to better meet needs of the local community.

What's the new offer from MPFT :

- reinvested the funds to increase workforce to offer more appointments that can be offered at place across the county. To increase the offer for schools and communities across Telford & Wrekin.
- Worked with the children's society to ensure all CYP that were using the service have been supported and offered alternative support.
- Joint communications has gone out the stakeholders and the public (see embedded below).

Please see [Appendix B – BeeU Service Update](#)

Next steps:

2024/25 contract:

Monitor the in- year development through the monthly Contract Review Meetings- these meetings have representation from ICB (quality, contract, finance, and performance reps), MPFT and both Local Authorities (MH and Autism Commissioners). MPFT present a suite of papers including Workforce overview, data against KPI's, quality updates and service updates.

2025/26 onwards:

Development of the 2024/25 service model: a multi-agency team is meeting the end of April to agree a project plan and coproduce the future CAMHS model. The ICB as the strategic commissioner (in partnership with LAS as contributors) will develop a suite of outcomes. The ICB will then follow the requirements of the Provider Selection Regime (PSR). This is a new set of rules for procuring health care services in England. It is set out in [the Health Care Services \(Provider Selection Regime\) Regulations 2023](#) (the regulations). The regulations are accompanied by statutory guidance (the guidance) to which relevant authorities must have regard. There is a set process that the ICB will follow with procurement expertise as to how and whom the contract will be awarded to. Following the award of the contract for 25/26 onwards, the detailed model to achieve the defined outcomes and KPIs is expected to be developed and delivered through the provider collaborative with contractual oversight and assurance via the ICB.

<p>Risk assessment and opportunities appraisal (NB This will include the following: Risk Management, Human Rights, Equalities, Community, Environmental consequences and other Consultation)</p>	<p>Owned by the MH,LDA board</p>	
<p>Financial implications (Any financial implications of note)</p>	<p>None currently</p>	
<p>Climate Change Appraisal as applicable</p>	<p>Currently N/A</p>	
<p>Where else has the paper been presented?</p>	<p>System Partnership Boards</p>	<p>T&W BSIL</p>
	<p>Voluntary Sector</p>	
	<p>Other</p>	

List of Background Papers (This MUST be completed for all reports, but does not include items containing exempt or confidential information)

Cabinet Member (Portfolio Holder) Portfolio holders can be found [here](#) or your organisational lead e.g., Exec lead or Non-Exec/Clinical Lead

Appendices

(Please include as appropriate)

Appendix A – Summary of BeeU Referral Data 2023-24

KPI Name	Service Name	Apr -23	May -23	Jun -23	Jul- 23	Aug -23	Sep -23	Oct -23	Nov -23	Dec -23	Jan -24	Feb -24	
							731	595	644	749			
Number of Referrals	BeeU ADHD	4	7	12	24	16	21	32	28	23	27	67	
	BeeU ASD Assessment	128	149	131	158	49	87	128	83	66	65	102	
	BeeU Assessment	285	332	374	361	192	269	384	342	338	327	316	
	BeeU Core Mental Health Team	26	36	34	33	30	33	48	45	35	44	78	
	BeeU Crisis and Home Treatment Team	52	50	68	37	41	50	57	53	43	43	52	
	BeeU Eating Disorders	12	12	15	11	11	20	17	16	14	34	17	
	BeeU Learning Disabilities	7	4	1	6	4	0	4	5	2	6	1	
	BeeU Medics	20	30	17	14	15	18	18	13	28	21	25	
	BeeU North Telford MHST	12	27	8	9	1	12	31	27	36	36	30	
	BeeU Shropshire MHST	7	30	33	21	2	26	41	41	19	40	40	
	BeeU Intensive Support Team	0	1	0	0	0	2	0	0	0	27	1	
	BeeU South Telford MHST	19	15	25	19	7	16	37	23	25	18	34	
	BeeU North East Shropshire MHST	0	0	1	0	1	7	37	19	13	27	23	
	BeeU Physical Health Team									102	27	0	49
	TCS	2	5	2	6	4	3	13	2	7	11	4	
	Kooth	115	154	132	127	108	101	181	147	116	144	124	
Healios	69	24	45	45	61	26	33	43	53	12	18		
Number of Referrals Declined	BeeU ADHD	0	3	0	0	0	0	3	4	3	5	3	
	BeeU ASD Assessment	18	10	16	21	22	11	17	14	22	18	18	
	BeeU Assessment	16	27	24	15	13	20	20	14	9	14	16	
	BeeU Core Mental Health Team	0	0	2	0	1	2	1	0	2	0	0	

	BeeU Crisis and Home Treatment Team	0	2	0	0	0	2	0	1	2	0	2
	BeeU Eating Disorders	3	7	5	3	5	0	6	3	3	6	1
	BeeU Learning Disabilities	0	0	1	0	1	0	0	0	0	0	0
	BeeU Medics	1	1	0	0	0	0	0	2	1	1	0
	BeeU North Telford MHST	3	10	6	3	0	0	2	0	0	0	0
	BeeU Shropshire MHST	1	0	2	1	0	0	1	4	1	0	1
	BeeU South Telford MHST	5	11	6	6	0	1	0	0	1	0	0
	TCS	0	0	0	6	0	0	0	0	1	0	0
	Kooth	0	0	0	0	0	0	0	0	0	0	0
	Healios				2	1		2	1	1	0	0
Number of Referrals Discharged	BeeU ADHD	10	8	17	8	12	4	27	10	9	9	11
	BeeU ASD Assessment	54	48	37	67	84	93	97	59	70	70	80
	BeeU Assessment	338	287	238	278	230	265	302	354	393	322	397
	BeeU Core Mental Health Team	34	22	50	33	29	32	46	36	42	45	42
	BeeU Crisis and Home Treatment Team	44	74	55	68	44	44	65	53	53	33	52
	BeeU Eating Disorders	11	14	15	14	14	17	32	20	16	25	20
	BeeU Learning Disabilities	3	0	12	4	4	6	1	1	7	6	
	BeeU Medics	6	3	3	8	18	10	4	16	13	18	14
	BeeU North Telford MHST	9	23	13	29	15	21	13	14	21	23	17
	BeeU Shropshire MHST	18	11	18	4	7	16	31	22	19	28	27
	BeeU South Telford	14	35	13	22	20	14	38	20	33	23	18
	BeeU North East Shropshire MHST									11	14	5
	BeeU Physical Health Team									2	3	5
	TCS	2	5	1	0	0	1	3	1	7	2	2
	Kooth											
Healios			23	21	24	56	29	30	18	30	10	
	BeeU ADHD	72	405	514	536	554	566	541	504	487	501	518

Number on the Clinician Caseload	BeeU ASD Assessment	NA										
	BeeU Assessment	82	97	182	186	199	266	300	285	268	276	310
	BeeU Core Mental Health Team	549	549	620	619	635	645	589	562	518	519	538
	BeeU Crisis and Home Treatment Team	NA										
	BeeU Eating Disorders	110	105	110	101	96	96	88	92	87	82	90
	BeeU Intensive Support Team	29	30	30	33	33	33	33	32	32	36	42
	BeeU Learning Disabilities	196	198	186	185	152	152	154	158	162	169	170
	BeeU Medics	122	206	233	250	271	290	324	302	454	498	524
	BeeU North Telford MHST	45	47	48	42	44	47	55	62	60	53	55
	BeeU Shropshire MHST	52	42	53	40	54	59	55	62	70	60	57
	BeeU South Telford MHST	109	99	112	116	128	139	105	113	129	118	125
	BeeU North East Shropshire MHST									42	42	73
	BeeU Physical Health Team									6	6	8
	TCS	11	10	8	16	13	9	15	22	16	14	12
	Kooth	115	154	132	127	108	101	181	177	217	242	235
Healios												
Number Waiting 1st Contact	BeeU ADHD	46	54	69	95	109	113	165	183	194	199	270
	BeeU ASD Assessment	385	482	561	643	629	572	681	699	728	726	785
	BeeU Assessment	907	961	1055	1129	1099	1011	1151	1071	1101	1024	763
	BeeU Core Mental Health Team	81	107	124	135	137	140	167	186	191	191	232
	BeeU Crisis and Home Treatment Team	0	0	1	0	0	0	2	0	0	4	2
	BeeU Eating Disorders	7	2	3	3	4	5	4	3	1	2	3
	BeeU Intensive Support Team	0	0	0	11	12	0	0	0	0	0	1
	BeeU Learning Disabilities	8	11	9	1	51	11	10	19	17	17	15
	BeeU Medics	25	41	55	49	8	46	37	38	65	60	63
	BeeU North Telford MHST	23	40	23	18	11	7	25	22	38	49	61

	BeeU Physical Health Team							119	201	208	173	188	
	BeeU Shropshire MHST	15	34	42	30	35	13	32	36	31	46	59	
	BeeU South Telford MHST	17	60	63	52	1	33	41	48	47	43	54	
	BeeU North East Shropshire MHST	0	0	1	1	0	1	28	23	24	23	32	
	TCS	0	0	0	2	0	0	0	2	0	0		
	Kooth												
	Healios												
Number Waiting 2nd Contact	BeeU ADHD	58	52	49	49	43	43	45	48	54	60	78	
	BeeU ASD Assessment	225	224	210	212	210	198	186	182	178	175	162	
	BeeU Assessment	82	92	101	98	107	101	88	98	86	94	121	
	BeeU Core Mental Health Team	44	30	45	49	48	44	49	51	69	64	69	
	BeeU Crisis and Home Treatment Team	2	3	1	0	3	2	4	2	0	0	3	
	BeeU Eating Disorders	4	4	2	0	1	1	2	2	1	0	1	
	BeeU Intensive Support Team	0	15	0	0	0	0	0	0	0	0	1	
	BeeU Learning Disabilities	13	3	11	14	17	15	17	15	20	23	18	
	BeeU Medics	0	10	17	22	25	22	38	28	29	31	34	
	BeeU North Telford MHST	6	1	13	13	16	13	14	6	9	29	36	
	BeeU Physical Health Team	0	0	1	1	0	0	2	19	29	81	90	
	BeeU Shropshire MHST	7	7	18	19	7	12	15	24	18	39	44	
	BeeU South Telford MHST	27	33	28	22	22	17	14	31	27	19	15	
	TCS	0	0	0	0	0	0	1	2	0	2	0	
	Kooth												
	Healios												
Number of Attended Contacts	BeeU ADHD	130	119	138	118	116	93	147	129	113	116	169	
	BeeU ASD Assessment	116	110	144	109	81	96	74	90	78	82	68	
	BeeU Assessment	75	100	112	95	123	143	133	186	174	105	157	
	BeeU Core Mental Health Team	502	592	615	533	573	543	631	646	489	731	534	

	BeeU Crisis and Home Treatment Team	363	451	562	389	300	296	362	310	429	480	599	
	BeeU Eating Disorders	294	284	293	351	414	272	210	232	187	267	255	
	BeeU Intensive Support Team	53	70	64	54	71	60	66	56	23	56	50	
	BeeU Learning Disabilities	211	154	245	239	257	166	196	264	236	246	170	
	BeeU Medics	69	62	86	86	115	110	125	97	131	177	140	
	BeeU North Telford MHST	45	53	60	52	52	47	84	130	127	141	95	
	BeeU Shropshire MHST	109	114	130	163	111	165	158	190	114	120	118	
	BeeU South Telford MHST	99	150	147	172	144	253	214	142	106	122	90	
	TCS	227	225	299	277	194	276	328	358	269	330	289	
	Kooth												
	Healios												
% DNAs	BeeU ADHD	6%	5%	5%	3%	3%	3%	3%	2%	2%	3%	4%	
	BeeU ASD Assessment	0%	1%	0%	2%	0%	0%	0%	7%	12%	13%	1%	
	BeeU Assessment	5%	13%	5%	3%	3%	1%	2%	2%	4%	4%	4%	
	BeeU Core Mental Health Team	6%	4%	6%	3%	4%	3%	3%	3%	3%	4%	5%	
	BeeU Crisis and Home Treatment Team	2%	2%	1%	1%	0%	1%	1%	1%	1%	1%	1%	
	BeeU Eating Disorders	3%	2%	3%	2%	2%	2%	2%	2%	2%	2%	1%	2%
	BeeU Intensive Support Team	2%	4%	0%	1%	0%	1%	1%	2%	3%	1%	2%	
	BeeU Learning Disabilities	1%	2%	1%	1%	0%	1%	1%	1%	2%	1%	2%	
	BeeU Medics	8%	7%	5%	3%	5%	6%	5%	4%	4%	5%	5%	
	BeeU North Telford MHST	4%	4%	4%	4%	8%	1%	1%	2%	1%	2%	1%	
	BeeU Shropshire MHST	5%	7%	6%	4%	6%	6%	2%	4%	3%	5%	4%	
	BeeU South Telford MHST	4%	5%	8%	5%	7%	2%	2%	2%	3%	2%	4%	
	BeeU North East Shropshire MHST								4%	3%	2%	1%	
	BeeU Physical Health Team								5%	-	2%	-	
TCS	32%	0%	0%	38%	11%	0%	0%	2%	4%	4%	0%		

BeeU Service Update

We are really pleased to update you on how the BeeU emotional wellbeing and mental health service will be supporting children, young people and their families for the year ahead (2024/25).

The BeeU service commissioned by NHS Shropshire, Telford and Wrekin and delivered by Midlands Partnership University NHS Foundation Trust (MPFT) provides:

- Emotional wellbeing and mental health services for children and young people (0-25)
- Neurodevelopmental assessments for children – autism for 5-18 year olds, and Attention Deficit Hyperactivity Disorder (ADHD) for 6-18 year olds
- Community Eating Disorder Services for 0-18 year olds

The enhanced offer for 2024/2025:

The way children and young people access mental health services has changed since BeeU was launched in 2017, and the demand on the service has continued to grow significantly in recent years.

We understand this has led to longer waits to access services than we would wish and appreciate the frustration felt by families who are seeking support.

In recognition of this, from April 2024 MPFT will enhance the BeeU service offer, with additional investment from NHS Shropshire, Telford and Wrekin. MPFT will bolster its capacity by **growing the BeeU team**, with more registered mental health professionals able to respond to the increased demand; and **developing the prevention offer available in schools and communities**.

These changes aim to prioritise a reduction in the number of children waiting for an assessment, enabling more **timely access to assessment and intervention** for children and young people and ensuring they **receive the right help, in the right place, at the right time**.

Additional support will be available to schools through the successful **Mental Health Support Teams (MHST)**. These teams collaborate with Mental Health Leads in schools to provide targeted support to vulnerable pupils, with the goal of addressing issues at an earlier stage and preventing them from becoming more serious. MHSTs are already working with nearly 50% of schools throughout the county, facilitating swifter access to specialist services and building on support already in place from professionals, such as school counsellors, Public Health school nurses, Children & Young Peoples Social Prescribing, educational psychologists and the voluntary sector. A new team commenced operations in January, focusing on South Shropshire. Moreover, we are pleased to announce that funding has been secured for an additional team, scheduled to commence operations in January 2025, further extending our reach and impact in the community.

New for 2024/25, and supporting the MHST offer, will be the launch of a **partnership with SYA**, alongside a number of other voluntary and community sector organisations, providing emotional wellbeing services to children in their schools and local communities across Shropshire, Telford and Wrekin.

To find out more about the enhanced BeeU service visit our newly revamped website: <https://camhs.mpft.nhs.uk/beeU>

Accessing the BeeU service:

- **Direct digital support** is a crucial part of the BeeU offer, and children and young people will continue to be able to **directly access Kooth (www.kooth.com) without the need for a referral being made**. Kooth is an online emotional wellbeing community for children and young people aged 11 to 25 offering 24/7 free emotional support on an anonymous basis.
- **Direct telephone support** – call 0808 196 4501, MPFT's Freephone helpline available 24/7 for people of all ages seeking mental health support.
- **Making a referral** – children, young people and their families can speak to their GP, school or other health/education professional to request a referral into BeeU. It is best if a professional who knows the child well, and can therefore provide good information on the child's strengths and difficulties, makes the referral.

The service has updated its referral forms to access Mental Health, Neurodevelopmental or Community Eating Disorder support, and these can be found on BeeU's web page at <https://camhs.mpft.nhs.uk/beeU>

Please ensure to complete the relevant form if you wish to make a referral into BeeU. The web page provides more information on the referral process, including how to submit a completed referral.

An enhanced approach has been introduced for those seeking to make a referral to access BeeU's Neurodevelopmental assessment offer, and increasing the workforce allows for further integration of the previously separate Autism and ADHD processes.

Healios (www.healios.org.uk) works in partnership with MPFT. BeeU and other services can refer children and young people to access online psychological therapies.

Other mental health and wellbeing support available:

- **Childline**: a free, private, and confidential service where young people can talk about anything. Calls are free and confidential. Calls are not recorded, and its number won't show up on any phone bills. Call 0800 1111 (24 hours a day, every day).
- **Shout**: confidential crisis text support for times when immediate assistance is required. Text 'SHOUT' to 85258 (24 hours a day, every day).
- **YoungMinds**: a mental health charity for children and young people. Whether you want to understand more about how you're feeling and find ways to feel better, or you want to support someone who's struggling, Young Minds can help.

If you would like to get involved or provide any feedback on the BeeU service, please email stw.getinvolved@nhs.net

Thank you for your continued partnership and we look forward to updating you in due course on our plans to engage local people on BeeU's service provision for 2025/26 and beyond.